



Hello to our lovely supporters! We hope you are all enjoying your summer so far. We've certainly been up to a lot, introducing new projects and services for our clients - with thanks to you for contributing towards this support!

Please read on to find out more!

## *Taking the leap for Victory House!*

Earlier this month, Arc joined 3 very brave people at Dunkeswell Airfield as they took the leap (literally) to raise funds for Arc's veteran's project, 'Victory House'. Supporters Mark and Alison and Tim (our Support Worker for Victory House) had an incredible experience skydiving on a glorious sunny day, proudly wearing Arc T-Shirts! Even the parachutes matched Arc's brand colours! Mark and Alison have been working hard collecting sponsorship for their brave efforts and although we don't yet have a grand total, we know that the funds raised will make a huge difference to the support we can provide at Victory House. We can't thank them enough! **Could you take the leap?** We have another skydiving event at Dunkeswell booked on 7th September. If you're interested in jumping, please get in touch with Rosie.



## Upcoming Events

Don't fancy skydiving? Not to worry, there are plenty of ways you can get involved and fundraise for Arc!

**28th July:** Join us at Vintage & Salvage Fair, Woodlands Castle where Arc are the benefitting charity

**21st & 22nd September:** Join us at Somerset County Show, Taunton Racecourse where Arc will be collecting

**5th October:** Moonraker Challenge: A sponsored orienteering walk organised by Taunton Vale Rotary Club in aid of Arc

## **Yay for Gift Aid!**

We know we nag you to tick that little gift aid box and we want to show you just how important it is...

From April 2018 - March 2019, those ticked boxes have enabled Arc to claim an incredible...

**£10,191...**

in gift aid alone!

**Thank you box tickers!**

## *A Gift in Your Will*

Did you know that you can include Arc in your will, allowing you to support those struggling with homelessness long into the future?

As homelessness rises each year, Arc must prepare for the future and continue to increase it's services. We need you by our side to achieve this.

Including a gift in your will costs you little now but is an enormous gift of hope for some of the most vulnerable in our society.

Although the process may seem a little daunting, including us in your will is simple and we're here to help.

Get in touch with us or your solicitor for more information.



# The Big Sleep Out!

In our last newsletter we told you about our upcoming Big Sleep Out, now in it's 5<sup>th</sup> year! On Friday 14<sup>th</sup> June, 74 people joined together to give up their beds for the night and sleep in a car park, all in aid of helping the homeless. Following a day (and previous weeks) of heavy rain showers, we thought we were in for a wet evening – umbrellas and tarpaulins at the ready! However we enjoyed an evening of dry weather, live music (with thanks to our artists Phil Horler, Evie Cosgrove, Leila



Aladin, Matt Bond and Jack Humphries) and delicious food kindly donated by Loafers, Cook and Premier Chef. Then the darkness crept in, layers were piling on and we settled down into our sleeping bags, on our pieces of cardboard and hoped for a dry night and some sleep! This is when the reality of rough sleeping hits home. Trying to get comfy on a concrete floor is not easy and every time you move, you wake up. Not to mention the surrounding noise – birds flying above, cars revving, night-time deliveries, passers by talking. And then came the rain! Having been dry throughout the night, at 4am the rain decided to join us. Hiding in our sleeping bags, we did our best to stay dry – not an easy task with no roof above your head! The rain was here to stay and by 5:30am it was light, the birds were giving their morning call and lots of tired looking people were up and about, ready for a well deserved breakfast, provided by the fantastic Rapid Relief Team. Not only did our participants sleep outside but they also raised an incredible £8,415. What a difference this will make to those who have no choice but to spend their nights outside. We'd like to say a huge thank you to everyone who made the sleep out possible: 3D Security, C2 Safety, Paul from PRPhotography, Roy our First Aider, Ian and Charles our Music Techs, Tacchi Morris, our music artists, food donators, our volunteers and participants! **If you couldn't join us at the Big Sleep Out this year, we hope you can come along next year! This is an annual event and we'll be sure to let you all know when the next one comes around.**

## Thanks to you!

As we've been treated to warm weather in recent weeks, we've spent lots of your lovely donations on the gardens at our properties and our clients have been very keen to get involved! They have been working hard mowing lawns, potting plants, painting benches, putting up greenhouses and more. The gardens are looking great and the residents are enjoying their outdoor space, creating a great social space for them to get together and have some fun!



## Pamper Evening

Back in May, we were delighted to hold the first of many 'female only social events' as part of our Female Project. The idea behind this project is to bring our female clients together, allowing them to get to know one another and build a strong support and social network. We launched our project with a Pamper Evening, offering haircuts, nail art, facials and massages. These services were all provided for free by Emma Holt, Ben Martin (hair), Kelly De Andres (nails), Laura Batcha (facials) and Beverley Hunter (massage). We can't thank them enough as the clients had such a fantastic time and lots of positive feedback was given. They said they 'felt awesome' and it was lovely seeing everyone showing off their new hair cuts and nail colours! Since then we've had a trip to Hollywood Bowl and are off for a Cream Tea this July!

